



# What kind of tree are you?

Be like a tree.  
Anchored into your life  
Reaching for your dreams  
Embracing the Sacred.

## Apple

loving, generous, whole,  
pure, having goodwill,  
healer, nurturing, gentle,  
welcoming

## Alder

giving, nurturing,  
generous, peaceful,  
protector, intuitive,  
passionate, gives heart  
easily

## Ash

focused, connected,  
expansive, anchored, wise,  
critical thinker, objective,  
able to let go (not clingy),  
independent

## Birch

great listener, adaptable,  
easy going, eager to resolve  
adversity, stable, provides  
guidance, keeper/sharer of  
knowledge

## Cedar

protective, incorruptible,  
strong, supportive,  
connective, hopeful,  
peaceful, calm

## Cherry Tree

loyal, understands own  
personal worth, has good  
fortune, loves, strong,  
powerful, passionate

## Elder

flexible, goal oriented,  
bridge, protector, creative,  
open to change, keeper of  
wisdom

## Elm

hopeful, goal oriented, free,  
independent, great  
relationship partner, open  
to new growth,

## Hazel

creative, honest, aware,  
intuitive, open heart, pure  
of spirit, welcoming,  
optimistically realistic

## Hawthorn

balanced, filled with  
contradictions, connected  
to nature, in touch with the  
masculine, diverse skills,  
talents, likes, great friend &  
relationship partner

## Holly

joy, happiness, dignity,  
honor, generous, inner  
beauty shines outward,  
assertive, objective

## Maple

balanced, generous,  
optimistic, deeply  
connected, intelligent,  
strong, persevering, loving

## Oak

inner strength, noble,  
strong, enduring, wisdom,  
loyalty, honor, courage,  
stable, grounded, calm

## Pine

happy, wise, creative, lucky,  
loyal, stable, nurturing,  
great partner, open to  
change

## Rowan

internal beauty shine  
outward, hardy, healer,  
protector, visionary,  
intuitive, good friend,  
expresses themselves easily

## Sycamore

spiritual, energetic,  
creative, passionate,  
protector, enduring, fertile,  
free, open

## Willow

intuitive, mystic,  
imaginative, emotional,  
depth of understanding,  
adaptable, prolific grower,  
resilient



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Contemplation  Creativity  Community

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